MEDI·CHEF



Name of Identification	pumpkin & fetta cous cous
Description	Roasted pumpkin stirred with cous cous and fetta
Production code	34903
Minimum portion size (g)	200
Composition	Cous Cous (Wheat Semolina), Water, Cheese Fetta (Pasteurised Cow Milk 97.18%, Salt, Lactic Cultures, Rennet), Pumpkin Diced 5mm, Tomato crushed pouch (Tomato (99.8%) (Reconstituted Tomato Paste (Tomato Paste, Water), Acidity Regulator (330)), Onion Diced 15mm, Capsicum Red Diced 3mm, Oil Vegetable (Vegetable Oil, Antifoam (900A)), Garlic Crushed (Garlic, Salt), Ginger Ground, Salt Cooking ((Sodium Chloride), Anticaking Agent (535)), Parsley Chopped, Chilli Powder

Nutritional information

band	2	
energy	1455	kJ
protein	15	g
fat	15	g
carbohydrate	37	g
sodium	565	mg
calcium	171	mg
potassium	306	mg

Package and shipping

Packaging method / Material	Hot fild - stainless steel gastronorm trays
Label	Labels are date coded and attached during production
Instructions for preparation	Keep product refrigerated until consumption, serve cold
Storage conditions and distribution	All products shall be stored, handled and transported (in an approved Food Transport Vehicle) at 0-5°C
Shelf life	5 days under proper refrigeration

Allergen advice **Gluten, Wheat, Milk**

gluten free	X
lactose free	X
vegetarian	√
vegan	X
Halal Suitable	√

May contain **NIL**

Made in a facility that also processes products with: milk, wheat, soy, fish, egg, shellfish, sesame, mustard

Use of the product

Intended use	May also be used an ingredient in preparing meals.
Consumer group	Consumers of all ages consume this product.

Quality Statement

At Medichef we pride ourselves on the consistent quality of service and product that we provide our customers. It is the aim of this company to continue to improve our services and in turn meet or exceed our customer's expectations.
Our commitment to food safety and quality is achieved by our quality practices, through the applications of HACCP and customer driven quality requirements.
We undertake to adhere to Good Manufacturing Practices and to comply with both legal and regulatory requirements, as described by FSANZ.

Origin Statement Made in Australia from local and imported ingredients